



Testimonials

I feel better, wow, no craving for sugar, no exhaustion, more relaxed, no anxiety, amazing.
- Aya

During the one year I was in a homeopathy regime with Sonia I was pleasantly surprised to go from skeptic to believer as I saw my health become stable again. Many thanks to her for her caring.
- Richie E

I have had so many good experiences since I began to take the homeopathic medicines, like interesting dreams and different sensations. It has been very good. And, the best, I stopped the hormones about three or four days ago, and do not have any more bleeding. I am really happy. Thank you so much.
- Lucia

I am doing much better, now with only a little nasal running. .No more dry throat or headaches.
- Laura

A couple of months ago I went to see Sonia for some help with a number of different issues. She gave me three different remedies. One of them was for general support. I've had a cough for three years. Tried many different things, none of them worked. Much to my surprise and happiness, the cough has almost completely gone away. Thank you, Sonia.
- Elizabeth

About Sonia Jaramillo

Heilkunst Homeopath
CoRe Bioenergetic Practitioner
Informational & Energetic Medicine
Yoga Teacher -lyengar Style & Restorative



Extensive training in the integrative system of medicine called Heilkunst that includes the 4 pillars of healthy lifestyle (nutrition, hydration, movement & sleep) and natural medicine with the use of medicinal substances using the law of like cures like.

I endeavor to address all aspects of the human being, physical, mental and emotional including history from birth to present time.

Certification

International Heilkunst Association (IHA)
Doctor in Medical Heilkunst
Diploma Heilkunst Homeopathy Practitioner

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Integrative Homeopathy & Holistic Health

Natural yet Powerful Healing



Sonia Jaramillo, DHHP

Heilkunst Homeopath
Holistic Medicine Practitioner

International Heilkunst Association



Natural Healing For Today's World

What is Homeopathy

Homeopathy is a system of natural medicine that is based on two main principles:

1. The law of similars and
2. The law of infinitesimal dose

Any substance, which can produce symptoms in a healthy person, can cure similar symptoms in a person who is sick. For example:

- An onion can make your eyes water and your nose burn. If you are having an attack of hay fever with watering eyes and a burning nose, a remedy made from onion can relieve it.

- Poison ivy causes redness, intense itching, burning, blistering and sometimes stiff muscles. A homeopathic remedy from poison ivy is used for herpes, burns, eczema, arthritis, etc.

Homeopathy works under the same principle of conventional allergy treatment or vaccination in that a small amount of the allergen or impotent form of the virus is given which awakens the body's immune response against that particular virus. It is effective, safe, natural, works in harmony with the living force instead of suppressing the immune system, it is not addictive. It addresses the causes and treats the person as a whole: the visible symptoms, the mental/emotional states and the general sensitivities.

What are homeopathic medicines?

They are derived from natural plant, animal, mineral sources and are prepared by dilution & dynamization to increase their therapeutic effect while essentially eliminating their capacity to harm. They are therefore safe for children, animals and pregnant/nursing women.

Services provided



A path to vibrant health...

• Initial Homeopathic Consultation

To learn your constitutional type and provide remedies to strengthen your life force. Full assessment of lifestyle, chronic and acute ailments, chief complaints, a summary of yourself as a person and a review of your health from head to toe.

• Acute Consultation Only

If interested in help for simple, non-chronic, new and recent conditions.

• Sequential Timeline

Complete or partial life story in chronological order of physical (i.e. surgeries, accidents) and emotional traumas (i.e. loss, divorce) depending on your commitment to treatment (mostly in chronic conditions).

Conditions that can be helped with Heilkunst Homeopathy

First Aid - Acute

Allergies, flu, intestinal ailments, viral, bacterial, parasites, fevers, skin and more.

Lifestyle

Nutrition, stress, weight, allergies, fatigue, detoxification, sleep and more.

Emotional challenges

Grief, loss, sadness, anger, resentment, fear, anxiety, shame, blame, guilt and more.

Mental challenges

Focus, concentration, motivation, self-worth, confidence, hyperactivity and more.

Physical challenges

Arthritis, asthma, diabetes, digestion, hormonal, pain, injuries, menstrual, MS, neurological, skin, Lyme, vertigo and more.

Other

Addictions, infertility, immunity, eating disorders, headaches, migraines and more.

I work with individuals of all ages and with any conditions who are actively interested in improving their health through natural yet powerful means.

Se habla español